

## **PRODUCT MONOGRAPH**

**Pr<sub>pms</sub>-LAMOTRIGINE**

Lamotrigine Tablets, USP  
25 mg, 100 mg and 150 mg

**Antiepileptic**

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**Pr**  
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**PART I: HEALTH PROFESSIONAL INFORMATION**

**SUMMARY PRODUCT INFORMATION**

<b>Route of Administration</b>	<b>Dosage Form / Strength</b>	<b>All Non-medicinal Ingredients</b>
Oral	Tablets, 25 mg, 100 mg and 150 mg	Lactose Monohydrate, Magnesium Stearate, Microcrystalline Cellulose, Povidone, Sodium Starch Glycolate, and the following: <b>100 mg</b> tablets also include: FD&C Yellow no. 6 <b>150 mg</b> tablets also include: Yellow Iron Oxide

**INDICATIONS AND CLINICAL USE**

**Adults (≥ 18 years of age)**

pms-LAMOTRIGINE (lamotrigine) is indicated:

- as adjunctive therapy for the management of epilepsy who are not satisfactorily controlled by conventional therapy;
- for use as monotherapy following withdrawal of concomitant antiepileptic drugs;
- as adjunctive therapy for the management of the seizures associated with Lennox-Gastaut syndrome.

**Geriatrics (> 65 years of age)**

No dosage adjustment is required in patients over 65 years of age.

**Pediatrics (< 18 years of age)**

pms-LAMOTRIGINE is indicated as adjunctive therapy for the management of the seizures associated with Lennox-Gastaut Syndrome.

Safety and efficacy in patients below the age of 16 years, other than those with Lennox-Gastaut Syndrome, have not been established.

## CONTRAINDICATIONS

- Patients who are hypersensitive to this drug or to any ingredient in the formulation or component of the container. For a complete listing, see DOSAGE FORMS, COMPOSITION AND PACKAGING, Composition.

## WARNINGS AND PRECAUTIONS

### **SERIOUS WARNING AND PRECAUTION: SERIOUS SKIN RASHES**

Serious rashes associated with hospitalization have occurred with the use of lamotrigine. The incidence of these rashes in clinical trials was 1% (1/100) in pediatric patients (age < 16 years) and 0.3% (3/1,000) in adults. The incidence of serious rash reported as Stevens-Johnson Syndrome (SJS) in clinical trials was 0.5% (1/200) in pediatric patients and 0.1% (1/1,000) in adults. In worldwide post-marketing experience, rare cases of toxic epidermal necrolysis and/or death associated with rash have been reported, but their numbers are too few to permit a precise estimate of the rate.

In children, the initial presentation of a rash can be mistaken for an infection. Physicians should consider the possibility of a drug reaction in children that develop symptoms of rash and fever during the first 8 weeks of therapy.

### **SERIOUS RASH ASSOCIATED WITH RAPID TITRATION**

Do not exceed the recommended initial dose and subsequent dose escalations of pms-LAMOTRIGINE. A higher incidence of serious dermatologic events (see WARNINGS AND PRECAUTIONS, Skin-related Events, Table 1 and Table 2; see also DOSAGE AND ADMINISTRATION) has been associated with more rapid initial titration (exceeding the recommended initial dose or exceeding the recommended dose escalation), and use of concomitant valproic acid.

### **RASH ASSOCIATED WITH A HISTORY OF RASH TO OTHER ANTIEPILEPTIC DRUGS**

In two studies (n = 767 and n = 988), the frequency of rash with lamotrigine treatment was approximately 3-4 times higher in patients with a history of allergy or rash to other anti-epileptics, compared to those without such history.

Nearly all cases of rash associated with lamotrigine have occurred within 2 to 8 weeks of treatment initiation. However, isolated cases have been reported after prolonged treatment (e.g., 6 months). Accordingly, duration of therapy cannot be relied upon as a means to predict the potential risk signalled by the first appearance of a rash.

Although benign rashes also occur with lamotrigine, it is not possible to predict reliably which rashes will prove to be life threatening. Accordingly, all patients who develop rash should be promptly evaluated and lamotrigine withdrawn immediately, unless the rash is clearly not drug related.

## **General**

### **Acute Multi-Organ Failure**

Multi-organ failure, which in some cases has been fatal or irreversible, has been observed in patients receiving lamotrigine. Fatalities associated with multi-organ failure and various degrees of hepatic failure have been reported in 2 of 3,796 adult patients and 4 of 2,435 pediatric patients who received lamotrigine in epilepsy clinical trials. No such fatalities have been reported in bipolar patients in clinical trials. Rare fatalities from multi-organ failure have also been reported in compassionate plea and post-marketing use. The majority of these deaths occurred in association with other serious medical events, including status epilepticus and overwhelming sepsis, and hantavirus, making it difficult to identify the initial cause.

Additionally, 3 patients (a 45-year-old woman, a 3.5-year-old boy, and an 11-year-old girl) developed multi-organ dysfunction and disseminated intravascular coagulation 9 to 14 days after lamotrigine was added to their AED regimens. Rash and elevated transaminases were also present in all patients and rhabdomyolysis was noted in 2 patients. Both pediatric patients were receiving concomitant therapy with valproate, while the adult patient was being treated with carbamazepine and clonazepam. All patients subsequently recovered with supportive care after treatment with lamotrigine was discontinued.

### **Drug Discontinuation**

Abrupt discontinuation of any antiepileptic drug (AED) in a responsive patient with epilepsy may provoke rebound seizures. In general, withdrawal of an AED should be gradual to minimize this risk. Unless safety concerns (i.e., rash) require a more rapid withdrawal, the dose of pms-LAMOTRIGINE (lamotrigine) should be tapered over a period of at least 2 weeks (see DOSAGE AND ADMINISTRATION).

### **Hormonal Contraceptives**

Patients taking pms-LAMOTRIGINE should be advised not to start or stop their oral contraceptives without consulting their physician. Significant adjustments in the maintenance dose of pms-LAMOTRIGINE may be required in some patients (see DRUG INTERACTIONS, Drug-Drug Interactions, Oral Contraceptives; ADVERSE REACTIONS, Post-Market Adverse Drug Reactions, Oral Contraceptives; and DOSAGE AND ADMINISTRATION, Women and Oral Contraceptives).

### **Interactions with Antiepileptic Drugs**

In a multidrug regimen, antiepileptic drugs may affect lamotrigine clearance, and dosage adjustment of pms-LAMOTRIGINE might be required (see DOSAGE AND ADMINISTRATION and DRUG INTERACTIONS).

### **Occupational Hazards**

Patients with uncontrolled epilepsy should not drive or handle potentially dangerous machinery. During clinical trials common adverse effects included dizziness, ataxia, drowsiness, diplopia, and blurred vision. Patients should be advised to refrain from activities requiring mental

alertness or physical coordination until they are sure that pms-LAMOTRIGINE does not affect them adversely.

### **Other Products Containing Lamotrigine**

Lamotrigine tablets should not be administered to patients currently being treated with any other preparation containing lamotrigine without consulting a doctor.

### **Potential Medication Errors**

Medication errors involving lamotrigine have occurred. In particular, the names pms-LAMOTRIGINE or lamotrigine can be confused with the names of other commonly used medications. Medication errors may also occur between the different formulations of lamotrigine. To reduce the potential of medication errors, write and say pms-LAMOTRIGINE clearly. To avoid the medication error of using the wrong drug or formulation, patients should be strongly advised to visually inspect their tablets to verify that they are pms-LAMOTRIGINE, as well as the correct formulation of lamotrigine, each time they fill their prescription.

### **Hematologic**

#### **Blood Dyscrasias**

There have been reports of blood dyscrasias that may or may not be associated with the hypersensitivity syndrome. These have included neutropenia, leukopenia, anemia, thrombocytopenia, pancytopenia, and, rarely, aplastic anemia and pure red cell aplasia.

### **Hypersensitivity Reactions**

#### **Drug Reaction with Eosinophilia and Systemic Symptoms**

Multi-organ hypersensitivity reactions, also known as Drug Reaction with Eosinophilia and Systemic Symptoms (DRESS), have occurred with lamotrigine. Some have been fatal or life threatening. DRESS typically, although not exclusively, presents with fever, rash, and/or lymphadenopathy in association with other organ system involvement, such as hepatitis, nephritis, hematologic abnormalities, aseptic meningitis, myocarditis, or myositis, sometimes resembling an acute viral infection (see ADVERSE REACTIONS). Eosinophilia is often present. This disorder is variable in its expression and other organ systems not noted here may be involved. The syndrome shows a wide spectrum of clinical severity and may rarely lead to disseminated intravascular coagulation (DIC) and multi-organ failure.

It is important to note that early manifestations of hypersensitivity (e.g., fever, lymphadenopathy) may be present even though a rash is not evident. If such signs or symptoms are present, the patient should be evaluated immediately. pms-LAMOTRIGINE should be discontinued if an alternative etiology for the signs or symptoms cannot be established.

**Prior to initiation of treatment with pms-LAMOTRIGINE, the patient should be instructed that a rash or other signs or symptoms of hypersensitivity (e.g., fever, lymphadenopathy) may herald a serious medical event and that the patient should report any such occurrence to a physician immediately.**

## **Neurologic**

### **Aseptic Meningitis**

Therapy with lamotrigine increases the risk of developing aseptic meningitis. Because of the potential for serious outcomes of untreated meningitis due to other causes, patients should also be evaluated for other causes of meningitis and treated as appropriate.

Post-marketing cases of aseptic meningitis have been reported in pediatric and adult patients taking lamotrigine for various indications. Symptoms upon presentation have included headache, fever, nausea, vomiting, and nuchal rigidity. Rash photophobia, myalgia, chills, altered consciousness, and somnolence were also noted in some cases. Symptoms have been reported to occur within 1 to 40 days following the initiation of treatment. In most cases, symptoms were reported to resolve after discontinuation of lamotrigine. Re-exposure resulted in a rapid return of symptoms (from within 30 minutes to 1 day following re-initiation of treatment) that were frequently more severe. Some of the patients treated with lamotrigine who developed aseptic meningitis had underlying diagnoses of systemic lupus erythematosus or other autoimmune diseases. Lamotrigine should not be restarted in patients who have discontinued due to aseptic meningitis associated with prior treatment of lamotrigine.

Cerebrospinal fluid (CSF) analysed at the time of clinical presentation in reported cases was characterized by a mild to moderate pleocytosis, normal glucose levels, and mild to moderate increase in protein. CSF white blood cell count differentials showed a predominance of neutrophils in a majority of the cases, although a predominance of lymphocytes was reported in approximately one third of the cases. Some patients also had new onset of signs and symptoms of involvement of other organs (predominantly hepatic and renal involvement) which may suggest that in these cases the aseptic meningitis observed was part of a hypersensitivity reaction.

### **Status Epilepticus**

There are reports in the literature that severe convulsive seizures including status epilepticus may lead to rhabdomyolysis, multi-organ dysfunction and disseminated intravascular coagulation, sometimes with fatal outcome. Similar cases have occurred in association with the use of lamotrigine.

## **Psychiatric**

### **Suicidal Behaviour and Ideation**

Symptoms of depression and/or bipolar disorder may occur in patients with epilepsy, and there is evidence that patients with epilepsy and bipolar disorder have an elevated risk for suicidality.

Twenty-five to 50% of patients with bipolar disorder attempt suicide at least once, and may experience worsening of their depressive symptoms and/or the emergence of suicidal ideation and behaviours (suicidality) whether or not they are taking medications for bipolar disorder, including lamotrigine.

Suicidal ideation and behaviour have been reported in patients treated with antiepileptic agents in several indications.

All patients treated with antiepileptic drugs, irrespective of indication, should be monitored for signs of suicidal ideation and behaviour and appropriate treatment should be considered. Patients (and caregivers of patients) should be advised to seek medical advice should signs of suicidal ideation or behaviour emerge.

An FDA meta-analysis of randomized placebo controlled trials, in which antiepileptic drugs were used for various indications, has shown a small increased risk of suicidal ideation and behaviour in patients treated with these drugs. The mechanism of this risk is not known.

There were 43,892 patients treated in the placebo controlled clinical trials that were included in the meta-analysis. Approximately 75% of patients in these clinical trials were treated for indications other than epilepsy and, for the majority of non-epilepsy indications the treatment (antiepileptic drug or placebo) was administered as monotherapy. Patients with epilepsy represented approximately 25% of the total number of patients treated in the placebo controlled clinical trials and, for the majority of epilepsy patients, treatment (antiepileptic drug or placebo) was administered as adjunct to other antiepileptic agents (i.e., patients in both treatment arms were being treated with one or more antiepileptic drug). Therefore, the small increased risk of suicidal ideation and behaviour reported from the meta-analysis (0.43% for patients on antiepileptic drugs compared to 0.24% for patients on placebo) is based largely on patients that received monotherapy treatment (antiepileptic drug or placebo) for non-epilepsy indications. The study design does not allow an estimation of the risk of suicidal ideation and behaviour for patients with epilepsy that are taking antiepileptic drugs, due both to this population being the minority in the study, and the drug-placebo comparison in this population being confounded by the presence of adjunct antiepileptic drug treatment in both arms.

## **Skin**

### **Skin-Related Events**

In adult controlled studies of adjunctive lamotrigine therapy, the incidence of rash (usually maculopapular and/or erythematous) in patients receiving lamotrigine was 10% compared with 5% in placebo patients. The rash usually occurred within the first 6 weeks of therapy and resolved during continued administration of lamotrigine. Lamotrigine was discontinued because of rash in 1.1% of adult patients in controlled studies and 3.8% of all patients in all studies. The rate of rash-related withdrawal in clinical studies was higher with more rapid initial titration dosing, and in patients receiving concomitant valproic acid (VPA), particularly in the absence of AEDs that induce lamotrigine glucuronidation. See Table 1 and Table 2; see also DOSAGE AND ADMINISTRATION.



**Table 1: Effect of Concomitant AEDs on Rash Associated with Lamotrigine in All Adult Controlled and Uncontrolled Clinical Trials Regardless of Dosing Escalation Scheme**

AED Group	Total Patient Number	All Rashes	Withdrawal Due to Rash	Hospitalization in Association with Rash
AEDs that induce lamotrigine glucuronidation <sup>1</sup>	1,788	9.2%	1.8%	0.1%
AEDs that induce lamotrigine glucuronidation <sup>1</sup> + VPA	318	8.8%	3.5%	0.9%
VPA ± AEDs that neither inhibit nor induce lamotrigine glucuronidation <sup>2</sup>	159	20.8%	11.9%	2.5%
AEDs that neither inhibit nor induce lamotrigine glucuronidation <sup>2</sup>	27	18.5%	0.0%	0.0%

VPA = Valproic Acid

1. AEDs that induce lamotrigine glucuronidation include carbamazepine, phenobarbital, phenytoin, and primidone
2. AEDs that neither inhibit nor induce lamotrigine glucuronidation include clonazepam, clobazam, ethosuximide, methsuximide, vigabatrin, and gabapentin

**Table 2: Effect of the Initial Daily Dose<sup>1</sup> of Lamotrigine in the Presence of Concomitant AEDs, on the Incidence of Rash Leading to Withdrawal of Treatment in Adult Add-On Clinical Trials**

AED Group	AEDs that induce lamotrigine glucuronidation <sup>2</sup>		AEDs that induce lamotrigine glucuronidation <sup>2</sup> + VPA		VPA ± AEDs that neither inhibit nor induce lamotrigine glucuronidation <sup>3</sup>	
	Total Patient Number	Percentage of Patients Withdrawn	Total Patient Number	Percentage of Patients Withdrawn	Total Patient Number	Percentage of Patients Withdrawn
Lamotrigine Average Daily Dose (mg)						
12.5	9	0.0	10	0.0	51	7.8
25	3	0.0	7	0.0	58	12.1
50	182	1.1	111	0.9	35	5.7
100	993	1.4	179	4.5	15	40.0
≥125	601	2.8	11	18.2	0	0.0

VPA = valproic acid

<sup>1</sup>Average daily dose in Week 1

<sup>2</sup>AEDs that induce lamotrigine glucuronidation include carbamazepine, phenobarbital, phenytoin, and primidone

<sup>3</sup>AEDs that neither inhibit nor induce lamotrigine glucuronidation include clonazepam, clobazam, ethosuximide, methsuximide, vigabatrin, and gabapentin

Increased incidence of rash-related withdrawal was seen when initial doses were higher and titration more rapid than recommended under DOSAGE AND ADMINISTRATION.

Patients with a history of allergy or rash to other antiepileptic drugs

Caution is also required when treating patients with a history of allergy or rash to other antiepileptic drugs, as it was found in two studies (n = 767 and n = 988) on the frequency of rash after treatment with lamotrigine that the rate of rash was approximately 3 to 4 times higher in patients with such a history than those without.

### Restarting pms-LAMOTRIGINE Therapy

It is recommended that pms-LAMOTRIGINE not be restarted in patients who discontinued due to rash associated with prior treatment with pms-LAMOTRIGINE unless the potential benefits clearly outweigh the risks. If the decision is made to restart a patient who has discontinued pms-LAMOTRIGINE for any reason, the need to restart with the initial dosing recommendations should be assessed. The greater the interval of time since the previous dose, the greater consideration should be given to restarting with the initial dosing recommendations. If a patient has discontinued pms-LAMOTRIGINE for a period of more than 5 half-lives, it is recommended that initial dosing recommendations and guidelines be followed. The half-life of lamotrigine is affected by other concomitant medications (see ACTION AND CLINICAL PHARMACOLOGY, Pharmacokinetics; and DOSAGE AND ADMINISTRATION).

### *Special Populations*

#### **Pregnant Women**

**pms-LAMOTRIGINE should only be used during pregnancy if the expected benefits outweigh the potential risks.** If therapy with pms-LAMOTRIGINE is considered necessary during pregnancy, the lowest possible therapeutic dose is recommended.

Physiological changes during pregnancy may affect lamotrigine levels and/or therapeutic effect. There have been reports of decreased lamotrigine levels during pregnancy. Appropriate clinical management of pregnant women during lamotrigine therapy should be ensured.

Studies in mice, rats and rabbits given lamotrigine orally or intravenously revealed no evidence of teratogenicity, however, maternal and secondary fetal toxicity producing reduced fetal weight and/or delayed ossification in mice and rats were observed.

In rats, enhanced fetal as well as post-natal mortality was observed when lamotrigine was administered during late gestation and through the early post-natal period. These effects were observed at the expected clinical exposure. Lamotrigine reduced fetal folic acid levels in rats. Folic acid deficiency is assumed to be associated with an enhanced risk of congenital malformations in animals as well as in humans. Intake of folic acid when planning pregnancy and during early pregnancy may be considered.

Studies in rats and rabbits indicate that lamotrigine crosses the placenta; placental and fetal plasma concentrations of lamotrigine are comparable to levels in maternal plasma. In studies where simultaneous maternal and umbilical cord samples were taken, the ratio of umbilical cord/maternal lamotrigine plasma concentrations were generally close to unity (range of 0.4 - 1.4).

#### **Pregnancy Registries**

Post-marketing data from 6 prospective pregnancy registries have documented outcomes in approximately 8,700 women exposed to lamotrigine monotherapy during the first trimester of pregnancy. Two registries have reported an increase in the risk of isolated oral cleft (isolated) malformations with exposure to lamotrigine in the first trimester, over both the study reference

population and reported background rates from the literature. The observed risk of malformations following first trimester monotherapy exposure ranged from 2.0% in the North American Registry to 4.9% in the Swedish Registry as compared to unexposed groups.

#### North American Registry

The North American Anti-Epileptic Drug Registry reported rates of: 7.3/1,000 for lamotrigine exposures in the registry with n = 684 vs. 0.70/1,000 for the reference population and 0.50-2.16/1,000 for the background rates.

#### Swedish Registry

The Swedish Medical Birth Register reported rates of 9.9/1,000 for lamotrigine exposures in the registry with n = 403 vs. 2.0/1,000 for the registry reference population and 0.50- 2.16/1,000 for the background rates. In the remaining registries with approximately 3,000 women, 4 cases of isolated oral cleft malformation were found (1.3/1,000 vs. 0.50-2.16/1,000 for the background rates).

#### EUROCAT

The European Network of Congenital Anomaly and Twin Registries (EUROCAT) is a network of 40 registries across 20 European countries. The results of a case control design using the EUROCAT dataset demonstrated that the risk of development of oral clefts in the newborn infants was similar to other malformations (e.g., club foot, limb, heart and respiratory defects) following exposure to lamotrigine in the first trimester. Within the EUROCAT network, rates of exposure to lamotrigine in the first trimester of pregnancy were similar among 4,571 non-chromosomal, isolated oral cleft cases and 80,052 non-chromosomal, non-oral cleft defect controls.

The data on use of lamotrigine in polytherapy combinations are insufficient to assess whether the risk of malformation associated with other agents is affected by concomitant lamotrigine use.

To provide information regarding the effects of *in utero* exposure to lamotrigine, physicians are advised to recommend that pregnant patients taking lamotrigine enroll in the North American Antiepileptic Drug (NAAED) Pregnancy Registry. This can be done by calling the toll-free number 1-888-233-2334, and must be done by patients themselves. Information on the registry can also be found at the website <http://www.aedpregnancyregistry.org/>.

#### **Labour and Delivery**

The effect of lamotrigine on labour and delivery in humans is unknown.

#### **Nursing Women**

Lamotrigine has been reported to pass into breast milk resulting in total lamotrigine levels in infant's plasma, including neonates as well as older infants, of up to approximately 50% of the mother's plasma. Therefore, in some breast-fed infants, plasma concentrations of lamotrigine may reach levels at which pharmacological effects do occur.

Because of the potential for adverse reactions from lamotrigine in nursing infants, breast-feeding while taking this medication is not recommended. Should a woman breast-feed while on therapy with lamotrigine, the infant should be monitored for adverse effects. Events including apnea, drowsiness, and poor sucking have been reported in infants who have been human milk-fed by mothers using lamotrigine; whether or not these events were caused by lamotrigine is unknown.

### **Geriatrics**

As the pharmacokinetics in this age group do not differ significantly from a non-elderly adult population, no dosage adjustment from the recommended adult schedule is required (see also DOSAGE AND ADMINISTRATION; ADVERSE REACTIONS; and ACTION AND CLINICAL PHARMACOLOGY).

### **Patients with Special Diseases and Conditions**

Clinical experience with lamotrigine in patients with concomitant illness is limited. Caution is advised when using pms-LAMOTRIGINE in patients with diseases or conditions that could affect the metabolism or elimination of the drug.

### **Renal Impairment**

A study in individuals with chronic renal failure (not receiving other AEDs) indicated that the elimination half-life of unchanged lamotrigine is prolonged relative to individuals with normal renal function (see ACTION AND CLINICAL PHARMACOLOGY). pms-LAMOTRIGINE should be used with caution in patients with severe renal impairment.

### **Hepatic Impairment**

Results from a single dose pharmacokinetic study indicate that the apparent clearance of lamotrigine decreased in subjects with Grades A, B or C hepatic impairment. A reduced dosage should be used for all hepatically impaired patients, and pms-LAMOTRIGINE should be administered with caution particularly in those patients with severe hepatic impairment (see also DOSAGE AND ADMINISTRATION and ACTION AND CLINICAL PHARMACOLOGY).

### **Cardiac Conduction Abnormalities**

One placebo-controlled trial that compared electrocardiograms at baseline and during treatment, demonstrated a mild prolongation of the P-R interval associated with lamotrigine administration. The prolongation was statistically significant but clinically insignificant. Patients with significant cardiovascular disease or electrocardiographic abnormalities were, however, systematically excluded from clinical trials. Thus, pms-LAMOTRIGINE should be used with caution in patients with cardiac conduction abnormalities, and in patients taking concomitant medications which depress AV conduction.

### **Monitoring and Laboratory Tests**

The relationship between clinical efficacy and plasma concentrations has not been clearly established. Based on the possible pharmacokinetic interactions between lamotrigine and other drugs including AEDs, monitoring of the plasma levels of lamotrigine and concomitant drugs

may be indicated, particularly during dosage adjustments. In general, clinical judgment should be exercised regarding monitoring of plasma levels of lamotrigine and other drugs and whether or not dosage adjustments are necessary.

## **ADVERSE REACTIONS**

### **Adverse Drug Reaction Overview**

**Rarely, serious skin rashes, including Stevens Johnson Syndrome and Toxic Epidermal Necrolysis (Lyell Syndrome) have been reported. Although the majority recover following drug withdrawal, some patients experience irreversible scarring and there have been rare cases of associated death (see WARNINGS AND PRECAUTIONS).**

Adverse experiences in patients receiving lamotrigine were generally mild, occurred within the first 2 weeks of therapy, and resolved without discontinuation of the drug.

### **Clinical Trial Adverse Drug Reactions**

*Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates.*

#### **Commonly Observed**

The most commonly observed adverse experiences associated with the use of adjunctive therapy with lamotrigine (incidence of at least 10%) were dizziness, headache, diplopia, somnolence, ataxia, nausea, and asthenia.

Dizziness, diplopia, ataxia, and blurred vision were dose-related and occurred more commonly in patients receiving carbamazepine in combination with lamotrigine than in patients receiving other AEDs that induce lamotrigine glucuronidation in combination with lamotrigine. Reduction of the daily dose and/or alteration of the timing of doses of concomitant antiepileptic drugs and/or lamotrigine may reduce or eliminate these symptoms. Clinical data suggest a higher incidence of rash in patients who are receiving concomitant valproic acid, or non-inducing AEDs (see WARNINGS AND PRECAUTIONS, Skin-Related Events, Table 1).

#### **Adverse Events Associated with Discontinuation of Treatment**

Across all adult add-on studies, the most common adverse experiences associated with discontinuation of lamotrigine were rash, dizziness, headache, ataxia, nausea, diplopia, somnolence, seizure exacerbation, asthenia, and blurred vision. In controlled clinical trials, 6.9% of the 711 patients receiving lamotrigine discontinued therapy due to an adverse experience, versus 2.9% of the 419 patients receiving placebo. Of 3,501 patients and volunteers who received lamotrigine in pre-marketing clinical studies, 358 (10.2%) discontinued therapy due to an adverse experience.

### Serious Adverse Events Associated with Discontinuation of Treatment

Discontinuation due to an adverse experience classified as serious occurred in 2.3% of adult patients and volunteers who received lamotrigine in the pre-market studies. Rash accounted for almost half of the discontinuations due to serious adverse experiences. More rapid initial titration of lamotrigine and concomitant use of valproic acid were associated with higher incidences of rash-related withdrawal in clinical studies (see WARNINGS AND PRECAUTIONS, Skin-Related Events, Table 2).

### Adult Controlled Add-on Clinical Studies

Table 3 enumerates adverse experiences that occurred with an incidence of 2% or greater among refractory patients with epilepsy treated with lamotrigine.

**Table 3: Percentage of Treatment-Emergent Adverse Experiences in Adult Placebo or Comparator-Controlled Clinical Studies<sup>1</sup>**

	ADULTS (ADJUNCTIVE THERAPY) <sup>2</sup>		ELDERLY (MONOTHERAPY) <sup>3</sup>
	LAMOTRIGINE (and other AEDs)	Placebo (and other AEDs)	LAMOTRIGINE
<b>Total Number of Patients</b>	<b>(n = 711)</b>	<b>(n = 419)</b>	<b>(n = 102)</b>
<b>Body System/Adverse Experience<sup>4</sup></b>			
<b>BODY AS A WHOLE</b>			
Headache	29.1	19.1	8.8
Accidental Injury	9.1	8.6	8.8
Asthenia	8.6	8.8	4.9
Flu Syndrome	7.0	5.5	4.9
Pain	6.2	2.9	5.9
Back Pain	5.8	6.2	3.9
Fever	5.5	3.6	0.9
Abdominal Pain	5.2	3.6	3.9
Infection	4.4	4.1	5.9
Neck Pain	2.4	1.2	0
Malaise	2.3	1.9	4.9
Seizure Exacerbation	2.3	0.5	n/a
<b>CARDIOVASCULAR</b>			
Chest pain	n/a	n/a	2.9
Syncope	n/a	n/a	2.9
Cerebrovascular accident	n/a	n/a	3.9
<b>DIGESTIVE</b>			
Nausea	18.6	9.5	8.8
Vomiting	9.4	4.3	8.8
Diarrhea	6.3	4.1	6.9
Dyspepsia	5.3	2.1	5.9
Constipation	4.1	3.1	8.9
Tooth Disorder	3.2	1.7	0
<b>MUSCULOSKELETAL</b>			
Myalgia	2.8	3.1	0.9
Arthralgia	2.0	0.2	2.9

	ADULTS (ADJUNCTIVE THERAPY) <sup>2</sup>		ELDERLY (MONOTHERAPY) <sup>3</sup>
	LAMOTRIGINE (and other AEDs)	Placebo (and other AEDs)	LAMOTRIGINE
<b>Total Number of Patients</b>	<b>(n = 711)</b>	<b>(n = 419)</b>	<b>(n = 102)</b>
<b>Body System/Adverse Experience<sup>4</sup></b>			
<b>NERVOUS</b>			
Dizziness	38.4	13.4	9.8
Ataxia	21.7	5.5	0
Somnolence	14.2	6.9	11.8
Incoordination	6.0	2.1	12.7
Insomnia	5.6	1.9	3.9
Tremor	4.4	1.4	0.9
Depression	4.2	2.6	4.9
Anxiety	3.8	2.6	0.9
Convulsion	3.2	1.2	1.9
Irritability	3.0	1.9	0
Speech Disorder	2.5	0.2	0.9
Memory Decreased	2.4	1.9	n/a
Memory Decreased (Memory Rating Question)	n/a	n/a	19.6
<b>RESPIRATORY</b>			
Rhinitis	13.6	9.3	0.9
Pharyngitis	9.8	8.8	1.9
Cough Increased	7.5	5.7	2.9
Respiratory Disorder	5.3	5.5	0.9
Asthma			3.0
<b>SKIN AND APPENDAGES</b>			
Rash	10.0	5.0	8.8
Pruritus	3.1	1.7	5.9
Herpes Zoster	n/a	n/a	3.0
Eczema	n/a	n/a	2.0
Ulcer Skin	n/a	n/a	2.0
<b>SPECIAL SENSES</b>			
Diplopia	27.6	6.7	0
Blurred Vision	15.5	4.5	0
Vision Abnormality	3.4	1.0	0
<b>UROGENITAL</b>			
<b>Female Patients</b>	<b>(n = 365)</b>	<b>(n = 207)</b>	<b>(n = 47)</b>
Dysmenorrhea	6.6	6.3	n/a
Menstrual Disorder	5.2	5.8	n/a
Vaginitis	4.1	0.5	0

<sup>1</sup> Patients from the studies summarized in the first two columns were receiving 1 to 3 concomitant enzyme-inducing antiepileptic drugs in addition to lamotrigine or placebo. Patients from the single study summarized in the last column were compared to n = 48 patients receiving carbamazepine. Patients may have reported multiple adverse experiences during the study or at discontinuation. Thus, patients may be included in more than one category.

<sup>2</sup> Studies 05, 06, 16 (US) & 16, 21, 35 & 37 (UK)

<sup>3</sup> Study 105 - 124 - C93

<sup>4</sup> All Adverse Experiences reported by at least 2% of patients treated with either lamotrigine add-on or monotherapy are included.

### **Other Events Observed During Clinical Studies**

During clinical testing, multiple doses of lamotrigine were administered to 3,501 patients and volunteers. The conditions and duration of exposure to lamotrigine during these clinical studies varied greatly. Studies included monotherapy and pediatric trials. A substantial proportion of the exposure was gained in open, uncontrolled clinical studies. Adverse experiences associated with exposure to lamotrigine were recorded by clinical investigators using terminology of their own choosing. Consequently, it is not possible to provide a meaningful estimate of the proportion of individuals experiencing adverse events without first grouping similar types of adverse experiences into a smaller number of standardized event categories.

Since the adverse experiences reported occurred during treatment with lamotrigine in combination with other antiepileptic drugs, they were not necessarily caused by lamotrigine.

The following adverse events have been reported on one or more occasions by at least 1% of patients and volunteers exposed to lamotrigine: anorexia, weight gain, amnesia, concentration disturbance, confusion, emotional lability, nervousness, nystagmus, paresthesia, thinking abnormality and vertigo (all types of events are included except those already listed in Table 3).

### **Adult Monotherapy Clinical Studies**

Withdrawals due to adverse events were reported in 42 (9.5%) of newly diagnosed patients treated with lamotrigine monotherapy. The most common adverse experiences associated with discontinuation of lamotrigine were rash (6.1%), asthenia (1.1%), headache (1.1%), nausea (0.7%) and vomiting (0.7%).

### **Geriatric Monotherapy Clinical Studies**

A study with elderly newly-diagnosed epilepsy patients yielded rates of adverse events which were generally similar to those reported in adults (see Table 3). The rate of withdrawal due to adverse events was 21.6%, with rash (3%), nausea (3%) and coordination abnormalities (3%) representing the most common events associated with withdrawal, followed by somnolence (2%), depression (2%), accidental injury (2%) and malaise (2%) (see also DOSAGE AND ADMINISTRATION and ACTION AND CLINICAL PHARMACOLOGY).

### **Adjunctive Therapy in Lennox-Gastaut Syndrome**

In 169 adult and pediatric patients with Lennox-Gastaut syndrome, 3.8% of patients on lamotrigine and 7.8% of patients on placebo discontinued due to adverse experiences. The most commonly reported adverse experiences that led to discontinuation were rash for patients treated with lamotrigine and deterioration of seizure control for patients treated with placebo. Fever and infection occurred at least 10% more frequently in patients  $\leq$  12 years of age than in patients  $>$  12 years of age on lamotrigine. Rash occurred at least 10% more frequently in female patients than male patients on lamotrigine. Table 4 lists adverse events that occurred in at least 1% of 79 adult and pediatric patients who received lamotrigine up to 15 mg/kg per day or a maximum of 400 mg per day.



**Table 4: Treatment-Emergent Adverse Experience Incidence in Placebo-Controlled Add-On Trial in Adult and Pediatric Patients with Lennox-Gastaut Syndrome<sup>1</sup>**

<b>Body System/ Adverse Experience</b>	<b>Percent of Patients Receiving Lamotrigine (n = 79)</b>	<b>Percent of Patients Receiving Placebo (n = 90)</b>
<b>Body as a whole:</b>		
Infection	13	8
Accidental injury	9	7
Flu Syndrome	5	0
Asthenia	3	1
Abdominal Pain	3	0
Back Pain	1	0
Edema of the face	1	0
Lab test abnormal	1	0
Pain	1	0
<b>Cardiovascular:</b>		
Hemorrhage	3	0
<b>Digestive:</b>		
Vomiting	9	7
Constipation	5	2
Diarrhea	4	2
Nausea	4	1
Anorexia	3	1
Stomatitis aphtha	1	0
Tooth disorder	1	0
<b>Endocrine:</b>		
Cushing's syndrome	1	0
Hypothyroidism	1	0
<b>Hemic and lymphatic:</b>		
Lymphadenopathy (enlarged cervical nodes)	1	0
<b>Nervous system:</b>		
Ataxia	4	1
Convulsions	4	1
Tremor	3	0
Agitation	1	0
Coordination	1	0
Dizziness	1	0
Emotional lability	1	0
Nervousness	1	0
Vertigo	1	0
<b>Respiratory:</b>		
Pharyngitis	14	10
Bronchitis	9	7
Pneumonia	3	0
Dyspnea	1	0
<b>Skin:</b>		
Rash	9	7
Eczema	4	0
Nail disorder	1	0
<b>Special senses:</b>		
Blepharitis	1	0
Conjunctivitis	1	0
Keratitis	1	0
Ear pain	1	0
Eye pain	1	0
<b>Urogenital:</b>		
Urinary tract infection	3	0
Balanitis	2	0
Penis disorder	2	0

<sup>1</sup> = the most frequently reported adverse reactions in children ≤ 12 years of age in both treatment groups were pharyngitis, fever and infection.

### **Less Common Clinical Trial Adverse Drug Reactions (≥ 1% and < 2%)**

**Body as a Whole:** chest pain, chills

**Cardiovascular:** cerebral infarction, hot flashes, palpitations

**Gastrointestinal:** dry mouth

**Musculoskeletal:** joint disorder, myasthenia

**Nervous System:** dream abnormality, dysarthria, grand mal convulsion, hostility, hypertension, hypesthesia, mind racing, muscle spasm, sleep disorder

**Metabolic:** hyperkalemia, peripheral edema

**Skin:** acne, alopecia

**Special Senses:** eye disorder

**Urogenital:** amenorrhea, dysuria

### **Post-Market Adverse Drug Reactions**

In addition to the adverse experiences reported during clinical testing of lamotrigine, the following adverse experiences have been reported in patients receiving marketed lamotrigine and from worldwide investigational use. These adverse experiences have not been listed above, and data are insufficient to establish causation.

**Body as a Whole:** hypersensitivity reaction, multi-organ failure, progressive immunosuppression, tiredness

**Gastrointestinal:** Esophagitis

**Hematologic and Lymphatic:** Hematological abnormalities (anemia, agranulocytosis, aplastic anemia, disseminated intravascular coagulation, hemolytic anemia, leucopenia, neutropenia, pancytopenia, red cell aplasia thrombocytopenia), lymphadenopathy\*

\*There have been reported cases of lymphadenopathy in the absence of hypersensitivity reactions, in patients with or without previous history, and taking lamotrigine alone or in combination with other medications (including other AEDs). Discontinuation of lamotrigine or, in some cases, dose reduction resolved the reaction.

**Hepatobiliary Tract and Pancreas:** elevations of liver function tests, hepatic dysfunction, including hepatic failure\*, pancreatitis

\*Hepatic dysfunction usually occurs in association with hypersensitivity reactions, but isolated cases have been reported without overt signs of hypersensitivity.

**Immunologic:** lupus-like reaction, vasculitis

**Lower Respiratory:** apnea

**Musculoskeletal:** rhabdomyolysis (observed in patients experiencing hypersensitivity reactions)

**Neurologic:** aggression, aseptic meningitis\*, exacerbation of parkinsonian symptoms\*\*, extrapyramidal effects, choreoathetosis, hallucinations, movement disorders (such as tics and unsteadiness), nightmares.

\*There have been rare reports of aseptic meningitis in patients taking lamotrigine alone or in combination with other AEDs. In some cases, discontinuation of lamotrigine resolved this reaction (see WARNINGS AND PRECAUTIONS, Hypersensitivity Reactions).

\*\*There have been reports that lamotrigine may worsen parkinsonian symptoms in patients with pre-existing Parkinson’s disease, and isolated reports of extrapyramidal effects and choreoathetosis in patients without this underlying condition.

**Oral Contraceptives:** There have been post-marketing reports of breakthrough seizures in patients taking lamotrigine and hormonal contraceptives. In some cases, reduced serum lamotrigine levels during coadministration with a hormonal contraceptive have been documented. Most cases have responded to lamotrigine dose increase (see DOSAGE AND ADMINISTRATION, Women and Oral Contraceptives; and DRUG INTERACTIONS, Oral Contraceptives).

## DRUG INTERACTIONS

Uridine 5’-diphospho (UDP)-glucuronyl transferases (UGTs) have been identified as the enzymes responsible for metabolism of lamotrigine. Drugs that induce or inhibit glucuronidation may, therefore, affect the apparent clearance of lamotrigine. Strong or moderate inducers of the cytochrome P450 3A4 (CYP3A4) enzyme, which are also known to induce UGTs, may also enhance the metabolism of lamotrigine.

The effects of lamotrigine on the induction of specific families of mixed-function oxidase isozymes have not been systematically evaluated. Lamotrigine may induce its own metabolism, but the effect is modest and unlikely to have significant clinical consequences.

### Drug-Drug Interactions

#### Antiepileptic Drugs (AEDs)

The net effects of coadministration of lamotrigine with other antiepileptic drugs are summarized in Table 5. Additional details of these drug interaction studies are provided below.

**Table 5: Summary of AED Interactions with Lamotrigine**

AED	AED Plasma Concentration with Adjunctive Lamotrigine <sup>1</sup>	Lamotrigine Plasma Concentration with Adjunctive AEDs <sup>2</sup>
Carbamazepine (CBZ) CBZ epoxide <sup>3</sup>	No significant effect Conflicting data	↓40%
Felbamate	Not evaluated	No significant effect
Gabapentin	Not evaluated	No significant effect
Lacosamide	Not evaluated	No significant effect

AED	AED Plasma Concentration with Adjunctive Lamotrigine <sup>1</sup>	Lamotrigine Plasma Concentration with Adjunctive AEDs <sup>2</sup>
Levetiracetam	No significant effect	No significant effect
Oxcarbazepine	No significant effect	No significant effect
10-monohydroxy oxcarbazepine metabolite	No significant effect	Not evaluated
Perampanel	No significant effect <sup>4</sup>	No significant effect
Phenobarbital	No significant effect	↓40%
Phenytoin (PHT)	No significant effect	↓40%
Pregabalin	No significant effect	No significant effect
Primidone	No significant effect	↓40%
Topiramate	No significant effect <sup>4</sup>	No significant effect
Valproic Acid (VPA)	Decreased <sup>5</sup>	↑200%
VPA + PHT and/or CBZ	Not evaluated	No significant effect
Zonisamide	Not evaluated	No significant effect

<sup>1</sup> From adjunctive clinical trials and volunteer studies.

<sup>2</sup> Net effects were estimated by comparing the mean clearance values obtained in adjunctive clinical trials and volunteer studies.

<sup>3</sup> Not administered, but an active metabolite of carbamazepine.

<sup>4</sup> Slight increase, not expected to be clinically relevant

<sup>5</sup> Refer to Valproic Acid paragraph below for additional information

↓ Decreased (induces lamotrigine glucuronidation)

↑ Increased (inhibits lamotrigine glucuronidation)

Lamotrigine does not affect the plasma concentrations of concomitantly administered AEDs that induce lamotrigine glucuronidation. Antiepileptic drugs (such as phenytoin, carbamazepine, phenobarbital, and primidone) that induce cytochrome P450 enzymes also induce UGTs and therefore, enhance the metabolism of lamotrigine by increasing the plasma clearance and reducing the elimination half-life of lamotrigine (see ACTION AND CLINICAL PHARMACOLOGY).

#### ***Felbamate*** (not available in Canada)

In a cross-over study of 21 healthy male volunteers, coadministration of felbamate (1,200 mg twice daily) with lamotrigine (100 mg twice daily for 10 days) appeared to have no clinically relevant effects on the pharmacokinetics of lamotrigine. Furthermore, felbamate had no significant effect on urinary excretion of total lamotrigine, unconjugated lamotrigine or N-glucuronide metabolite.

#### ***Gabapentin***

Based on a retrospective analysis of plasma levels of 34 epileptic patients who received lamotrigine both with and without gabapentin, gabapentin did not appear to change the apparent clearance of lamotrigine. No information is available about the effects of gabapentin on C<sub>max</sub> or AUC of lamotrigine.

#### ***Lacosamide***

Plasma concentrations of lamotrigine were not affected by concomitant lacosamide (200, 400, or 600 mg/day) in 3 placebo-controlled clinical trials in patients with partial-onset seizures.

### ***Levetiracetam***

Potential drug interactions between levetiracetam and lamotrigine were assessed by evaluating serum concentrations of both agents during placebo-controlled clinical trials. In 48 refractory epileptic patients receiving stable doses of lamotrigine, concomitant levetiracetam (1,000-4,000 mg/day) did not influence mean steady serum concentrations of lamotrigine. Similarly, lamotrigine did not influence the pharmacokinetics of levetiracetam.

### ***Oxcarbazepine***

The AUC and  $C_{max}$  of oxcarbazepine and its active 10-monohydroxy oxcarbazepine metabolite were not significantly different following the addition of oxcarbazepine (600 mg twice daily) to lamotrigine (200 mg once daily) in healthy male volunteers (n = 13) compared to healthy male volunteers receiving oxcarbazepine alone (n = 13). Limited clinical data suggest a higher incidence of headache, dizziness, nausea, and somnolence with coadministration of lamotrigine and oxcarbazepine compared to lamotrigine alone or oxcarbazepine alone.

### ***Perampanel***

In a population pharmacokinetic analysis of data from 3 placebo-controlled clinical trials investigating adjunctive perampanel in patients with partial-onset and primary generalised tonic-clonic seizures, the highest perampanel dose evaluated (12 mg/day) increased lamotrigine clearance by less than 10%. An effect of this magnitude is not considered to be clinically relevant.

### ***Pregabalin***

In 12 patients with partial-onset seizures receiving combination lamotrigine (mean lamotrigine dose 287.5 mg/day, range 100-600 mg/day) and pregabalin 600 mg/day (200 mg 3 times daily) therapy, steady-state trough plasma concentrations of lamotrigine were not affected by pregabalin. The pharmacokinetics of pregabalin when coadministered with lamotrigine in this study appeared similar to historical values for pregabalin in healthy volunteers.

### ***Topiramate***

In 3 studies in patients with epilepsy (n = 52), topiramate (dose range of topiramate in the 2 studies where this was recorded was 75-800 mg/day) resulted in no change in plasma concentrations of lamotrigine. Administration of lamotrigine resulted in a 15% increase in plasma concentrations of topiramate.

### ***Valproic Acid***

Valproic acid reduces the plasma clearance and prolongs the elimination half-life of lamotrigine (see ACTION AND CLINICAL PHARMACOLOGY). When lamotrigine was administered to 18 healthy volunteers already receiving valproic acid, a modest decrease (25% on average) in the trough steady-state valproic acid plasma concentrations was observed over a 3-week period, followed by stabilization. However, the addition of lamotrigine did not affect the plasma concentration of valproic acid in patients receiving AEDs that induce lamotrigine glucuronidation in combination with valproic acid (see also WARNINGS AND PRECAUTIONS, Skin-Related Events).

### ***Zonisamide*** (not available in Canada)

In a study of 18 patients with epilepsy, coadministration of zonisamide (200 to 400 mg/day) with lamotrigine (150 to 500 mg/day) for 35 days had no significant effect on the pharmacokinetics of lamotrigine. Although the effects of lamotrigine on pharmacokinetics of zonisamide have not been studied, two post-marketing cases have reported zonisamide toxicity when lamotrigine was administered (zonisamide dose: 600-800 mg daily; lamotrigine dose: 400 mg daily). In both cases, positive dechallenge and rechallenge were observed.

## **Other Drug Interactions**

### ***Aripiprazole***

In a study of 18 adult patients with bipolar I disorder, receiving an established regimen of lamotrigine ( $\geq 100$  mg/day), doses of aripiprazole were increased from 10 mg/day to a target of 30 mg/day over a 7-day period and continued once daily for a further 7 days. An average reduction of approximately 10% in  $C_{max}$  and AUC of lamotrigine was observed. An effect of this magnitude is not expected to be of clinical consequence.

### ***Atazanavir/ritonavir***

In a study of 21 healthy adult volunteers, atazanavir/ritonavir combination (300 mg/100 mg) reduced the plasma AUC,  $C_{max}$  and elimination half-life of lamotrigine (single 100 mg dose) by an average of 32%, 6% and 27%, respectively. However, atazanavir alone did not induce lamotrigine glucuronidation (did not change pharmacokinetics of lamotrigine) to a clinically significant extent.

To initiate lamotrigine in patients already on the combination therapy of atazanavir/ritonavir, dose titration should follow the recommended guidelines based on whether lamotrigine is added to valproate (an inhibitor of lamotrigine glucuronidation), or to an inducer of lamotrigine glucuronidation, or whether lamotrigine is added in the absence of valproate or an inducer of lamotrigine glucuronidation (see DOSAGE AND ADMINISTRATION, Table 6).

To initiate atazanavir/ritonavir in patients already on maintenance doses of lamotrigine, the lamotrigine dose may need to be increased if another glucuronidation inducer is taken, but its dose may remain unchanged in the absence of another inducer. The lamotrigine dose needs to be decreased if atazanavir/ritonavir are discontinued.

### ***Lopinavir/ritonavir***

In a study in healthy volunteers, lopinavir/ritonavir approximately halved the plasma concentrations of lamotrigine. At least 14 out of 22 healthy adult volunteers reported diarrhea and 5 out of 22 subjects reported rash following the addition of lopinavir/ritonavir (400 mg/100 mg b.i.d.) to lamotrigine (up to 200 mg b.i.d.), compared to 1 out of 24 reporting diarrhea or rash, when lamotrigine was administered alone (up to 100 mg b.i.d.). Diarrhea is a common adverse event reported for lopinavir/ritonavir. The titration of lamotrigine in this study was rapid, which is a known risk factor for the development of a rash. The rashes necessitated the discontinuation of the medications. One subject also discontinued the medications due to elevated AST and ALT levels. Caution is advised for the coadministration of lopinavir/ritonavir with lamotrigine. In patients receiving concomitant therapy with lopinavir/ritonavir, the

treatment regimen recommended for concomitant medications that induce lamotrigine glucuronidation (without VPA) should be used (see DOSAGE AND ADMINISTRATION, Table 6).

### ***Olanzapine***

The AUC and  $C_{\max}$  of lamotrigine was reduced on average by 24% and 20%, respectively, following the addition of olanzapine (15 mg once daily) to lamotrigine (200 mg once daily) in healthy male volunteers (n = 16) compared to healthy male volunteers receiving lamotrigine alone (n = 12). This reduction in lamotrigine plasma concentrations is not expected to be clinically relevant.

### ***Organic Cationic Transporter 2 (OCT 2)***

Lamotrigine is an inhibitor of renal tubular secretion via OCT 2 proteins. This may result in increased plasma levels of certain drugs that are substantially excreted via this route. Coadministration of lamotrigine with OCT 2 substrates (i.e., procainamide and metformin) with a narrow therapeutic index is not recommended.

*In vitro* assessment of the effect of lamotrigine at OCT 2 demonstrate that lamotrigine, but not the N(2)-glucuronide metabolite, is an inhibitor of OCT 2 at potentially clinically relevant concentrations, with an  $IC_{50}$  value of 53.8  $\mu$ M.

### ***Oral Contraceptives***

#### Effect of Oral Contraceptives on Lamotrigine

In a study in 16 female volunteers, an oral contraceptive preparation containing 30 mcg ethinylestradiol and 150 mcg levonorgestrel increased the apparent clearance of lamotrigine (300 mg/day) by approximately 2-fold with a mean decrease in AUC of 52% and in  $C_{\max}$  of 39%. In this study, trough serum lamotrigine concentrations gradually increased and were approximately 2-fold higher on average at the end of the week of the inactive preparation compared to trough lamotrigine concentrations at the end of the active hormone cycle.

Gradual transient increases in lamotrigine levels will occur during the week of no active hormone preparation (pill-free week) for women not also taking a drug that increases the clearance of lamotrigine (carbamazepine, phenytoin, phenobarbital, primidone, or rifampin). The increase in lamotrigine levels will be greater if the dose of lamotrigine is increased in the few days before or during the pill-free week.

There have been post-marketing reports of breakthrough seizures in women taking lamotrigine and hormonal contraceptives. Dosage adjustments will be necessary in most cases for women receiving oral contraceptive preparations (see DOSAGE AND ADMINISTRATION, Women and Oral Contraceptives; and ADVERSE REACTIONS, Post-Market Adverse Drug Reactions).

#### Effect of Lamotrigine on Oral Contraceptives

Coadministration of lamotrigine (300 mg/day) in 16 female volunteers did not affect the pharmacokinetics of the ethinylestradiol component of an oral contraceptive preparation containing 30 mcg ethinylestradiol and 150 mcg levonorgestrel. There was a mean decrease in the AUC and  $C_{\max}$  of the levonorgestrel component of 19% and 12%, respectively. Measurement

of serum progesterone indicated that there was no hormonal evidence of ovulation in any of the 16 volunteers, although measurement of serum FSH, LH, and estradiol indicated that there was some loss of suppression of the hypothalamic-pituitary-ovarian axis.

The effects of doses of lamotrigine other than 300 mg/day have not been studied.

The clinical significance of the observed hormonal changes on ovulatory activity is unknown. However, the possibility of decreased contraceptive efficacy in some patients cannot be excluded. Therefore, patients should be instructed to promptly report changes in their menstrual pattern (e.g., break-through bleeding).

#### Interactions with Other Hormonal Contraceptives or Hormone Replacement Therapy

The effect of other hormonal contraceptive preparations or hormone replacement therapy on the pharmacokinetics of lamotrigine has not been evaluated, although the effect may be similar to oral contraceptive preparations. Therefore, as for oral contraceptives, dosage adjustments will be necessary in most cases (see DOSAGE AND ADMINISTRATION, Women and Oral Contraceptives; and ADVERSE REACTIONS, Post-Market Adverse Drug Reactions).

#### ***Rifampin***

In a study in 10 male volunteers, rifampin (600 mg/day for 5 days) significantly increased the apparent clearance of a single 25 mg dose of lamotrigine by approximately 2-fold (AUC decreased by approximately 40%). For patients taking rifampin with pms-LAMOTRIGINE, follow the titration schedule for concomitant medications that induce lamotrigine glucuronidation (without VPA) (see DOSAGE AND ADMINISTRATION, Table 6).

#### ***Risperidone***

Following the coadministration of 2 mg risperidone with lamotrigine (up to 400 mg daily), 12 out of the 14 healthy adult volunteers reported somnolence compared to 1 out of 20 when risperidone was given alone, and 0 out of 20 when lamotrigine was administered alone.

#### **Drugs Depressing Cardiac Conduction**

See WARNINGS AND PRECAUTIONS, Special Populations, Patients with Special Diseases and Conditions, Cardiac Conduction Abnormalities.

#### **Drug-Laboratory Interactions**

Lamotrigine has been reported to interfere with the assay used in some rapid urine drug screens, which can result in false positive readings, particularly for phencyclidine (PCP). A more specific alternative chemical method should be used to confirm a positive result.

#### **Drug-Lifestyle Interactions**

#### **Dependence Liability**

No evidence of abuse potential has been associated with lamotrigine, nor is there evidence of psychological or physical dependence in humans.



## DOSAGE AND ADMINISTRATION

### Dosing Considerations

#### **Potential for Serious Dermatological Reactions**

*Do not exceed the recommended initial dose and subsequent dose escalations of pms-LAMOTRIGINE. More rapid initial titration has been associated with an increased incidence of serious dermatological reactions (see WARNINGS AND PRECAUTIONS), as has concomitant use of valproic acid, particularly in the absence of AEDs that induce lamotrigine glucuronidation (see DRUG INTERACTIONS). Patients with a history of rash or allergy to other AEDs are more at risk for pms-LAMOTRIGINE-associated rash than those without such history (see WARNINGS AND PRECAUTIONS).*

#### **Restarting pms-LAMOTRIGINE Therapy**

It is recommended that pms-LAMOTRIGINE not be restarted in patients who discontinued due to rash associated with prior treatment with pms-LAMOTRIGINE, unless the potential benefits clearly outweigh the risks. If the decision is made to restart a patient who has discontinued pms-LAMOTRIGINE for any reason, the need to restart with the initial dosing recommendations should be assessed. The greater the interval of time since the previous dose, the greater consideration should be given to restarting with the initial dosing recommendations. If a patient has discontinued pms-LAMOTRIGINE for a period of more than 5 half-lives, it is recommended that initial dosing recommendations and guidelines be followed. The half-life of lamotrigine is affected by other concomitant medications (see ACTION AND CLINICAL PHARMACOLOGY).

#### **Withdrawal of Concomitant AEDs in Adults**

Concomitant AEDs may be decreased over a 5-week period, by approximately 20% of the original dose every week. However, a slower taper may be used if clinically indicated. During this period, the dose of pms-LAMOTRIGINE administered will be dependent upon the effect of the drug being withdrawn on the pharmacokinetics of lamotrigine, together with the overall clinical response of the patient. The withdrawal of enzyme inducing AEDs (i.e., phenytoin, phenobarbital, primidone, and carbamazepine) will result in an approximate doubling of the  $t_{1/2}$  of lamotrigine. Under these conditions, it may be necessary to reduce the dose of pms-LAMOTRIGINE. In contrast, the withdrawal of enzyme inhibiting AEDs (i.e., valproic acid) will result in a decrease in the  $t_{1/2}$  of lamotrigine and may require an increase in the dose of pms-LAMOTRIGINE.

### Recommended Dose and Dosage Adjustment

pms-LAMOTRIGINE should be added to the patient's current antiepileptic therapy.

Valproic acid more than doubles the elimination half-life of lamotrigine and reduces the plasma clearance by 50%; conversely, drugs that induce lamotrigine glucuronidation such as carbamazepine, phenytoin, phenobarbital, and primidone reduce the elimination half-life of lamotrigine by 50% and double the plasma clearance (see ACTION AND CLINICAL

PHARMACOLOGY). These clinically important interactions require dosage schedules of pms-LAMOTRIGINE as summarized in Table 6.

Lamotrigine does not alter plasma concentrations of concomitantly administered AEDs that induce lamotrigine glucuronidation and therefore they do not usually require dose adjustment to maintain therapeutic plasma concentrations. For patients receiving pms-LAMOTRIGINE in combination with other AEDs, an evaluation of all AEDs in the regimen should be considered if a change in seizure control or an appearance or worsening of adverse experiences is observed. If there is a need to discontinue therapy with pms-LAMOTRIGINE, a step-wise reduction of dose over at least 2 weeks (approximately 50% per week) is recommended unless safety concerns (i.e., rash) require a more rapid withdrawal (see WARNINGS AND PRECAUTIONS).

The relationship of plasma concentration to clinical response has not been established for lamotrigine. Dosing of pms-LAMOTRIGINE should be based on therapeutic response. In controlled clinical studies, doses of lamotrigine that were efficacious generally produced steady-state trough plasma lamotrigine concentrations of 1 to 4 mcg/mL in patients receiving one or more concomitant AEDs. Doses of lamotrigine producing this plasma concentration range were well tolerated. As with any antiepileptic drug, the oral dose of pms-LAMOTRIGINE should be adjusted to the needs of the individual patient, taking into consideration the concomitant AED therapy the patient is receiving.

#### Adults and Children Over 12 Years of Age

For patients taking AEDs whose pharmacokinetic interactions with pms-LAMOTRIGINE are currently unknown, follow the titration schedule for concomitant VPA (regardless of any concomitant medication).

**Table 6: Escalation regimen for pms-LAMOTRIGINE in Patients over 12 Years of Age**

	Patients Taking Medications that induce lamotrigine glucuronidation <sup>1</sup>		Patients Taking Medications that neither induce nor inhibit lamotrigine glucuronidation <sup>2</sup>
	with valproate <sup>3</sup>	without valproate <sup>3</sup>	
<b>Weeks 1 and 2</b>	25 mg once a day	50 mg once a day	25 mg once a day
<b>Weeks 3 and 4</b>	25 mg twice a day	50 mg twice a day	25 mg twice a day
<b>Weeks 5 onwards to maintenance</b>	Increase by 25-50 mg every 1 to 2 weeks	Increase by 100 mg every 1 to 2 weeks	Increase by 25-50 mg every 1 to 2 weeks
<b>Usual Maintenance Dose</b>	50-100 mg twice a day	150-250 mg twice a day	50-100 mg twice a day

1. Medications that induce lamotrigine glucuronidation include carbamazepine, phenobarbital, phenytoin, primidone, rifampin, lopinavir/ritonavir and atazanavir/ritonavir

2. Medications that neither inhibit nor induce lamotrigine glucuronidation include olanzapine, oxcarbazepine, felbamate, gabapentin, levetiracetam, pregabalin, topiramate and zonisamide

3. Valproic acid is an inhibitor of lamotrigine glucuronidation

For patients taking valproic acid regardless of any concomitant medication, a more cautious titration schedule is available than that detailed in Table 6. During Weeks 1 and 2, a dose of 25 mg every other day may be given instead of 25 mg once daily dose. During Weeks 3 and 4, a

dose of 25 mg once a day may be given instead of the 25 mg twice daily dose (total daily dose of 50 mg).

**There have been no controlled studies to establish the effectiveness or optimal dosing regimen of add-on lamotrigine therapy in patients receiving only AEDs that neither inhibit nor induce lamotrigine glucuronidation or valproic acid. However, available data from open clinical trials indicate that the addition of lamotrigine under these conditions is associated with a higher incidence of serious rash or rash-related withdrawal, even at an initial titration dose of 12.5 mg daily (see WARNINGS AND PRECAUTIONS, Skin Related Events, Table 1 and Table 2).**

The potential medical benefits of the addition of pms-LAMOTRIGINE under these conditions must be weighed against the increased risk of serious rash. If use of pms-LAMOTRIGINE under these conditions is considered clinically indicated, titration should proceed with extreme caution, especially during the first 6 weeks of treatment.

#### Starting pms-LAMOTRIGINE in Women Taking Oral Contraceptives

Although oral contraceptives have been shown to increase the clearance of lamotrigine (see DRUG INTERACTIONS, Drug-Drug Interactions, Other Drug Interactions), no adjustments to the recommended dose escalation guidelines for pms-LAMOTRIGINE should be necessary solely based on the use of oral contraceptives. Therefore, dose escalation should follow the recommended guidelines based on whether lamotrigine is added to valproate (an inhibitor of lamotrigine glucuronidation) or an inducer of lamotrigine glucuronidation, or whether lamotrigine is added in the absence of valproate or an inducer of lamotrigine glucuronidation.

#### Adjustments to the Maintenance Dose of pms-LAMOTRIGINE

##### *Taking or Starting Oral Contraceptives*

For women not taking inducers of lamotrigine glucuronidation, the maintenance dose of pms-LAMOTRIGINE will in most cases need to be increased, by as much as 2-fold over the recommended target maintenance dose (see DRUG INTERACTIONS, Drug-Drug Interactions, Other Drug Interactions). It is recommended that from the time that the hormonal contraceptive is started, the pms-LAMOTRIGINE dose is increased by 50 to 100 mg/day every week, according to the individual clinical response. Dose increases should not exceed this rate, unless the clinical response supports larger increases.

##### *Stopping Oral Contraceptives*

For women not taking inducers of lamotrigine glucuronidation (e.g., carbamazepine, phenytoin, phenobarbital, primidone, or rifampin), the maintenance dose of pms-LAMOTRIGINE will in most cases need to be decreased by as much as 50% of the maintenance dose with concurrent oral contraceptives (see DRUG INTERACTIONS, Drug-Drug Interactions, Other Drug Interactions). It is recommended to gradually decrease the daily dose of lamotrigine by 50 to 100 mg each week (at a rate not exceeding 25% of the total daily dose per week) over a period of 3 weeks, unless the clinical response indicates otherwise.

### Women and Other Hormonal Contraceptive Preparations or Hormone Replacement Therapy

Although the effect of other hormonal contraceptive preparations or hormone replacement therapy on the pharmacokinetics of lamotrigine has not been evaluated, the effect may be similar to oral contraceptives (see DRUG INTERACTIONS, Drug-Drug Interactions, Other Drug Interactions). Therefore, similar adjustments to the dosage of pms-LAMOTRIGINE may be needed, based on clinical response.

### **Pediatrics**

***Safety and efficacy in patients below the age of 16 years, other than those with Lennox-Gastaut Syndrome, have not been established. pms-LAMOTRIGINE is not to be administered to children under the age of 12 years due to limitations of dosage availability.***

### **Geriatrics**

No dosage adjustment from the recommended adult schedule is required. The pharmacokinetics of lamotrigine in this age group do not differ significantly from a non-elderly population (see also ACTION AND CLINICAL PHARMACOLOGY and ADVERSE REACTIONS).

### **Renal Impairment**

The elimination half-life of lamotrigine is prolonged in patients with impaired renal function (see ACTION AND CLINICAL PHARMACOLOGY). Caution should be exercised in dose selection for patients with impaired renal function.

### **Hepatic Impairment**

pms-LAMOTRIGINE is not to be administered to patients with hepatic impairment due to limitations of dosage availability.

### **Missed Dose**

If a dose is missed, the patient should be instructed to take the next dose as soon as they remember unless the next dose is due in less than 4 hours, in which case they should skip the missed dose and take the next dose when it is due. The patient should be instructed to not make up for a missed dose by taking a double dose next time.

### **Administration**

pms-LAMOTRIGINE (lamotrigine) is intended for oral administration and may be taken with or without food. pms-LAMOTRIGINE tablets should be swallowed whole and should not be chewed or crushed.

## OVERDOSAGE

### Adults

Acute overdoses involving quantities up to 15 g have been reported for lamotrigine, some of which have been fatal. In general, overdose has resulted in symptoms including nystagmus, ataxia, grand mal convulsions, impaired consciousness coma and intraventricular conduction delay (QRS broadening).

### Pediatrics

Among patients  $\leq 16$  years of age, reports of single doses of lamotrigine have included ingestion of 3 g by a 14-year-old female and approximately 1 g by a 4-year-old male. The 14-year-old female was taking marketed lamotrigine; after the dose, she lost consciousness and was admitted to the hospital for supportive therapy, where she recovered fully (time to recovery not reported). The 4-year-old male was drowsy and agitated when found, and his condition worsened to coma level II after hospitalization. He was given supportive therapy, and his condition improved rapidly with full recovery in 3 days.

There are no specific antidotes for lamotrigine. Following a suspected overdose, immediate hospitalization of the patient is advised. In the event of a very recent overdose/ingestion of a potentially life-threatening amount of the drug, emesis may be induced if indicated. General supportive care is indicated, including frequent monitoring of vital signs and close observation of the patient. It is uncertain whether hemodialysis is an effective means of removing lamotrigine from the blood. In 6 renal failure patients, about 20% of the amount of lamotrigine in the body was removed during 4 hours of hemodialysis.

For management of a suspected drug overdose,  
contact your regional Poison Control Centre immediately.

## ACTION AND CLINICAL PHARMACOLOGY

### Mechanism of Action

pms-LAMOTRIGINE (lamotrigine) is a drug of the phenyltriazine class chemically unrelated to existing antiepileptic drugs (AEDs).

Lamotrigine is thought to act at voltage-sensitive sodium channels to stabilize neuronal membranes and inhibit the release of excitatory amino acid neurotransmitters (e.g., glutamate, aspartate) that are thought to play a role in the generation and spread of epileptic seizures.

## **Pharmacokinetics**

### **Adults**

#### **Absorption**

Lamotrigine is rapidly and completely absorbed following oral administration, reaching peak plasma concentrations 1.4 to 4.8 hours ( $T_{max}$ ) post-dosing. When administered with food, the rate of absorption is slightly reduced, but the extent remains unchanged. Following single lamotrigine doses of 50–400 mg, peak plasma concentration ( $C_{max}$ =0.6–4.6 mcg/mL) and the area under the plasma concentration-versus-time curve ( $AUC$ =29.9–211 h mcg/mL) increase linearly with dose. The time-to-peak concentration, elimination half-life ( $t_{1/2}$ ) and volume of distribution ( $Vd/F$ ) are independent of dose. The  $t_{1/2}$  averages 33 hours after single doses and  $Vd/F$  ranges from 0.9 to 1.4 L/kg. Following repeated dosing in healthy volunteers for 14 days, the  $t_{1/2}$  decreased by an average of 26% (mean steady state  $t_{1/2}$  of 26.4 hours) and plasma clearance increased by an average of 33%. In a single-dose study where healthy volunteers were administered both oral and intravenous doses of lamotrigine, the absolute bioavailability of oral lamotrigine was 98%.

#### **Distribution**

Lamotrigine is approximately 55% bound to human plasma proteins. This binding is unaffected by therapeutic concentrations of phenytoin, phenobarbital or valproic acid. Lamotrigine does not displace other antiepileptic drugs (carbamazepine, phenytoin, phenobarbital) from protein binding sites.

#### **Metabolism**

Lamotrigine is metabolized predominantly in the liver by glucuronic acid conjugation. The major metabolite is an inactive 2-N-glucuronide conjugate that can be hydrolyzed by  $\beta$ -glucuronidase.

#### **Elimination**

Approximately 70% of an oral lamotrigine dose is recovered in urine as this metabolite.

### ***Special Populations and Conditions***

#### **Pediatrics**

Lamotrigine was rapidly absorbed in children, with a  $T_{max}$  ranging from 1 to 6 hours. The mean  $Vd/F$  of lamotrigine in children aged 5 to 11 years (1.3 to 1.4 L/kg) was similar to those seen in adults (0.9 to 1.4 L/kg) but was larger in younger children (1.8 to 2.3 L/kg). As with adults, the elimination of lamotrigine in pediatric patients was similarly affected by concomitant AEDs. While the  $CL/F$  was higher and  $t_{1/2}$  was shorter in younger children than in older children, the mean  $CL/F$  was higher and mean  $t_{1/2}$  was shorter in both pediatric groups than in adults. Population analysis results showed that the estimated apparent plasma clearances in patients aged 13 to 18 years were similar to those found in adult patients.

#### **Geriatrics**

Results of a population pharmacokinetic analysis, based on individual trials in which both adult ( $n = 138$ ) and elderly ( $n = 13$ ) patients with epilepsy were enrolled, indicated that the clearance of lamotrigine in elderly patients did not change to a clinically relevant extent. After single

doses, apparent clearance was lower in the elderly by 12% (31 mL/min at age 70 vs. 35 mL/min at age 20). After 48 weeks of treatment, the difference in clearance was 10% (37 mL/min at age 70 vs. 41 mL/min at age 20). In addition, the pharmacokinetics of lamotrigine was studied in 12 healthy elderly volunteers who each received a single oral dose of 150 mg. The mean clearance in the elderly (0.39 mL/min) lies within the range of mean clearance values (0.31 to 0.65 mL/min) obtained in 9 studies with non-elderly adults after single doses of 30 to 450 mg (see also DOSAGE AND ADMINISTRATION and ADVERSE REACTIONS).

### **Renal Impairment**

The pharmacokinetics of a single oral dose of lamotrigine (100 mg) were evaluated in 12 individuals with chronic renal failure (with mean creatinine clearance of 13 mL/min) who were not receiving other antiepileptic drugs. In this study, the elimination half-life of unchanged lamotrigine was prolonged (by an average of 63%) relative to individuals with normal renal function (see WARNINGS AND PRECAUTIONS, Renal Impairment; and DOSAGE AND ADMINISTRATION).

### **Hemodialysis**

In 6 hemodialysis patients, the elimination half-life of unchanged lamotrigine was doubled off dialysis, and reduced by 50% on dialysis, relative to individuals with normal renal function.

### **Hepatic Impairment**

A single dose pharmacokinetic study was performed in 24 subjects with hepatic impairment (n = 12 mild/Grade A; n = 5 moderate/Grade B and n = 7 severe/Grade C), versus 12 healthy controls. For the moderate and severe subgroups, the mean values for AUC and plasma half-life were increased approximately 2-fold and 3-fold respectively over control values, with clearance decreased proportionately. For the mild group, while mean values were not statistically different from those of controls, a subgroup of 1-to 4 subjects (dependant on pharmacokinetic parameter examined) showed abnormal individual values which were in the range of the moderately impaired subjects (see also DOSAGE AND ADMINISTRATION and WARNINGS AND PRECAUTIONS).

### **Gilbert's Syndrome**

Gilbert's syndrome (idiopathic unconjugated hyperbilirubinemia) does not appear to affect the pharmacokinetic profile of lamotrigine.

### **Concomitant Antiepileptic Drugs**

In patients with epilepsy, concomitant administration of lamotrigine and AEDs that induce lamotrigine glucuronidation (phenytoin, carbamazepine, primidone or phenobarbital) decreases the mean lamotrigine  $t_{1/2}$  to 13 hours. Concomitant administration of lamotrigine with valproic acid significantly increases  $t_{1/2}$  and decreases the clearance of lamotrigine, whereas concomitant administration of lamotrigine with valproic acid plus AEDs that induce lamotrigine glucuronidation can prolong  $t_{1/2}$  up to approximately 27 hours. The key lamotrigine parameters for adult patients and healthy volunteers are summarized in Table 7, and for pediatric patients in Table 8.

**Table 7: Mean Pharmacokinetic Parameters in Adult Patients with Epilepsy or Healthy Volunteers**

Lamotrigine Administered		Healthy Young Volunteers		Patients with Epilepsy		
		Lamotrigine	Lamotrigine + Valproic Acid <sup>2</sup>	Lamotrigine + AEDs that induce lamotrigine glucuronidation	Lamotrigine + Valproic Acid	Lamotrigine + AEDs that induce lamotrigine glucuronidation + Valproic Acid
T <sub>max</sub> (hrs)	Single Dose	2.2 (0.25-12.0) <sup>1</sup>	1.8 (1.0-4.0)	2.3 (0.5-5.0)	4.8 (1.8-8.4)	3.8 (1.0-10.0)
	Multiple Dose	1.7 (0.5-4.0)	1.9 (0.5-3.5)	2.0 (0.75-5.93)	ND	ND
t <sub>1/2</sub>	Single Dose	32.8 (14.0-103.0)	48.3 (31.5-88.6)	14.4 (6.4-30.4)	58.8 (30.5-88.8)	27.2 (11.2-51.6)
	Multiple Dose	25.4 (11.6-61.6)	70.3 (41.9-113.5)	12.6 (7.5-23.1)	ND	ND
Plasma Clearance (mL/min/kg)	Single Dose	0.44 (0.12-1.10)	0.30 (0.14-0.42)	1.10 (0.51-2.22)	0.28 (0.16-0.40)	0.53 (0.27-1.04)
	Multiple Dose	0.58 (0.25-1.15)	0.18 (0.12-0.33)	1.21 (0.66-1.82)	ND	ND

ND = Not done

1. Range of individual values across studies

2. Valproic Acid administered chronically (Multiple Dose Study) or for 2 days (Single Dose Study)

**Table 8: Mean Pharmacokinetic Parameters in Pediatric Patients with Epilepsy**

Pediatric Study Population	Number of Subjects	T <sub>max</sub> (h)	t <sub>1/2</sub> (h)	CL/F (mL/min/kg)
<b>Ages 10 months-5.3 years</b>				
Patients taking AEDs that induce lamotrigine glucuronidation	10	3.0 (1.0-5.9)	7.7 (5.7-11.4)	3.62 (2.44-5.28)
Patients taking AEDs with no known effect on drug-metabolizing enzymes	7	5.2 (2.9-6.1)	19.0 (12.9-27.1)	1.2 (0.75-2.42)
Patients taking VPA only	8	2.9 (1.0-6.0)	44.9 (29.5-52.5)	0.47 (0.23-0.77)
<b>Ages 5 to 11 years</b>				
Patients taking AEDs that induce lamotrigine glucuronidation	7	1.6 (1.0-3.0)	7.0 (3.8-9.8)	2.54 (1.35-5.58)
Patients taking AEDs that induce lamotrigine glucuronidation plus VPA	8	3.3 (1.0-6.4)	19.1 (7.0-31.2)	0.89 (0.39-1.93)
Patients taking VPA only*	3	4.5 (3.0-6.0)	55.4 (24.3-73.7)	0.31 (0.20-0.54)
<b>Ages 13 to 18 years</b>				
Patients taking AEDs that induce lamotrigine glucuronidation	11	†	†	1.3
Patients taking AEDs that induce lamotrigine glucuronidation plus VPA	8	†	†	0.5
Patients taking VPA only	4	†	†	0.3

VPA = valproic acid

\* Two subjects were included in the calculation for mean t<sub>max</sub>

† Parameter not estimated



Oxcarbazepine, gabapentin, lacosamide, levetiracetam, perampanel, pregabalin, felbamate, zonisamide and topiramate did not affect the plasma concentrations of lamotrigine (see DRUG INTERACTIONS, Drug-Drug Interactions, Antiepileptic Drugs (AEDs)).

### **Other Drug Interactions**

Chronic administration of acetaminophen was shown to slightly decrease the  $t_{1/2}$  and increase the clearance of a single dose of lamotrigine. Oral contraceptives and rifampin have also been shown to increase the apparent clearance of lamotrigine (see DRUG INTERACTIONS).

Coadministration of olanzapine did not have a clinically relevant effect on lamotrigine pharmacokinetics (see DRUG INTERACTIONS).

### **STORAGE AND STABILITY**

Store between 15°C and 30°C, in a dry place. Protect from light.

### **DOSAGE FORMS, COMPOSITION AND PACKAGING**

#### **Tablets**

**25 mg:** Each white to off-white, shield shaped tablet debossed “P” logo over “25” on one side and scored on the other side contains 25 mg of Lamotrigine, and the following non-medicinal ingredients: Lactose Monohydrate, Magnesium Stearate, Microcrystalline Cellulose, Povidone and Sodium Starch Glycolate.

Available in bottles of 100 and 500 tablets.

**100 mg:** Each peach coloured, shield shaped tablet debossed “P” logo over “100” on one side and scored on the other side contains 100 mg of Lamotrigine, and the following non-medicinal ingredients: FD&C Yellow no. 6, Lactose Monohydrate, Magnesium Stearate, Microcrystalline Cellulose, Povidone and Sodium Starch Glycolate.

Available in bottles of 100 and 500 tablets.

**150 mg:** Each cream coloured, shield shaped tablet debossed “P” logo over “150” on one side and scored on the other side contains 150 mg of Lamotrigine, and the following non-medicinal ingredients: Lactose Monohydrate, Magnesium Stearate, Microcrystalline Cellulose, Povidone, Sodium Starch Glycolate and Yellow Iron Oxide.

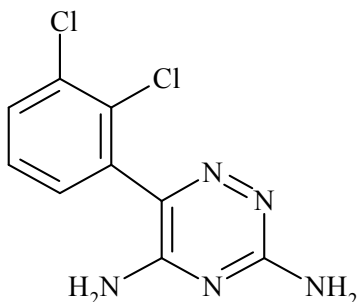
Available in bottles of 60, 100 and 500 tablets.

## PART II: SCIENTIFIC INFORMATION

### PHARMACEUTICAL INFORMATION

#### Drug Substance

Proper Name:	Lamotrigine
Chemical Name:	1,2,4-Triazine-3,5-diamine, 6-(2,3-dichlorophenyl)- [USAN] 6-(2, 3-dichlorophenyl)-1, 2, 4-triazine-3, 5-diamine [Chem. Abstr.]
Molecular Formula:	C <sub>9</sub> H <sub>7</sub> Cl <sub>2</sub> N <sub>5</sub>
Molecular Mass:	256.09 g/mol
Structural Formula:	



#### Physicochemical Properties

Description:	Lamotrigine is a white to pale cream powder. The pKa at 25°C is 5.7. It is practically insoluble in water (0.017% w/v); slightly soluble in ethanol (0.41% w/v), chloroform (0.11% w/v) and octanol (0.28% w/v).
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## CLINICAL TRIALS

### Comparative Bioavailability Studies

A comparative bioavailability study of pms-LAMOTRIGINE 150 mg tablets was performed. Pharmacokinetic and bioavailability data were measured in 24 volunteers in the *fasting* and *fed* states. The results are summarized in the following tables:

<b>SUMMARY TABLE OF THE COMPARATIVE BIOAVAILABILITY DATA</b> pms-LAMOTRIGINE 150 mg Tablets (Pharmascience Inc., Québec, Canada) [A single 150 mg dose- 1 x 150 mg) oral administration of lamotrigine in the <i>fasting</i> state] From measured data Geometric Mean Arithmetic Mean (CV%)  <b>TEST versus REFERENCE</b> <b>Pharmacokinetic Parameters</b>				
Parameter	Test pms-LAMOTRIGINE <sup>†</sup>	Reference*	% Ratio of Geometric Means	95% Confidence Interval
AUC <sub>0-72h</sub> (ng.h/mL)	65,226.2 66,407.4 (19.2)	64,022.0 65,261.4 (20.0)	101.88	99.53-104.29
AUC <sub>I</sub> (ng.h/mL)	93,598.1 99,490.7 (39.1)	92,171.4 99,980.7 (48.2)	101.55	95.76-107.68
C <sub>max</sub> (ng/mL)	1,862.3 1,881.8 (14.3)	1,906.9 1,923.6 (13.5)	97.66	93.16-102.38
T <sub>max</sub> ** (h)	2.00 (59.1)	1.58 (64.6)		
t <sub>1/2</sub> ** (h)	42.98 (39.2)	44.13 (51.7)		

<sup>†</sup>pms-LAMOTRIGINE Tablets, Pharmascience Inc.

\*LAMICTAL<sup>®</sup> 150 mg Tablets (GlaxoSmithKline Inc., Mississauga, Ontario)

\*\* For T<sub>max</sub> and T<sub>1/2</sub> only the arithmetic mean (CV%) is presented

**SUMMARY TABLE OF THE COMPARATIVE BIOAVAILABILITY DATA**  
pms-LAMOTRIGINE 150 mg Tablets (Pharmascience Inc., Québec, Canada)  
[A single 150 mg dose- 1 x 150 mg) oral administration of lamotrigine in the *fed* state]  
From measured data  
Geometric Mean  
Arithmetic Mean (CV%)

**TEST versus REFERENCE**  
**Pharmacokinetic Parameters**

Parameter	Test pms-LAMOTRIGINE <sup>†</sup>	Reference*	% Ratio of Geometric Means	95% Confidence Interval
AUC <sub>0-72 h</sub> (ng.h/mL)	65,459.4 66,344.0 (18.3)	64,305.9 65,307.3 (19.3)	101.79	99.83-103.80
AUC <sub>1</sub> (ng.h/mL)	87,521.3 90,442.9 (27.1)	85,888.1 89,053.3 (28.6)	101.90	97.80-106.18
C <sub>max</sub> (ng/mL)	1,904.4 1,912.4 (11.0)	1,865.2 1,869.9 (9.7)	102.10	99.20-105.09
T <sub>max</sub> <sup>**</sup> (h)	3.12 (35.0)	3.23 (32.3)		
t <sub>1/2</sub> <sup>**</sup> (h)	36.27 (25.3)	36.04 (24.8)		

<sup>†</sup>pms-LAMOTRIGINE Tablets, Pharmascience Inc.

\*LAMICTAL<sup>®</sup> 150 mg Tablets (GlaxoSmithKline Inc., Mississauga, Ontario)

\*\*For T<sub>max</sub> and t<sub>1/2</sub>, only the arithmetic mean (CV%) is presented

In adult placebo-controlled clinical studies, lamotrigine has been shown to be effective in reducing seizure frequency and the number of days with seizures when added to existing antiepileptic drug therapy in adult patients with partial seizures, with or without generalized tonic-clonic seizures, that are not satisfactorily controlled.

The effectiveness of lamotrigine adjunctive therapy has also been shown in pediatric and adult patients with Lennox-Gastaut syndrome. A significant reduction in major motor seizures, drop attacks, and tonic-clonic seizures were seen following lamotrigine treatment compared with placebo treated patients. Improvements in cognitive skills (speech, nonverbal communication, alertness, attention, intellectual capacity), behaviour, and fine co-ordination have been seen with lamotrigine treatment in these patients.

Studies have also been conducted using lamotrigine monotherapy in adult patients (n = 443) newly diagnosed with epilepsy (partial seizures, with or without secondary generalization or primary generalized tonic-clonic). Results have shown comparable efficacy (time to first seizure, seizure frequency, percentage of patients seizure-free) with fewer side effects than currently approved therapies.

Clinical trials have also demonstrated that adult patients (any seizure type) can be converted to lamotrigine monotherapy from polytherapy with significant numbers of patients maintaining or improving seizure control. Efficacy was maintained during long-term treatment (up to 152 weeks).

A 24-week monotherapy trial was conducted in elderly newly diagnosed patients (102 patients received lamotrigine and 48 received carbamazepine). The findings indicate comparable efficacy, and demonstrate that lamotrigine was well tolerated in the elderly. However, the small and unbalanced number of patients in the study precludes any firm conclusions on the relative safety of the two drugs.

## DETAILED PHARMACOLOGY

### Animal Pharmacology

#### ***In vivo* studies**

In *in vivo* studies in animal models, lamotrigine has an antiepileptic profile suggesting utility in the treatment of partial seizures and generalized tonic-clonic seizures. Lamotrigine was effective in the maximal electroshock (MES), maximum pentylenetetrazol, electrically evoked after discharge (EEAD) tests and in visually evoked after discharge (VEAD) tests. In mice and rats, lamotrigine has a longer duration of action than phenytoin, carbamazepine, diazepam or valproate. Lamotrigine's potency is similar to that of phenytoin (mouse), phenobarbital (rat), carbamazepine (rat) and diazepam (mouse) (see Table 9).

**Table 9: Potency and Duration of Lamotrigine Following Maximal Electroshock-Induced Seizures**

Drug	ED <sub>50</sub> for Abolition of Hind Leg Extension (mg/kg p.o.)		Duration Maintenance of Peak Activity (hours)	
	Mouse	Rat	Mouse	Rat
Lamotrigine	2.6-3.8	1.9-3.3	1-8	1-8
Phenytoin	3.5	19.7	8	1
Phenobarbital	9.1	4.7	1	1
Carbamazepine	6.9	2.5	1	0.25
Valproate	332.4	238	0.25	1
Diazepam	3.2	16.9	1	1

In single-dose mouse and rat studies, the anticonvulsant ED<sub>50</sub>s of orally administered lamotrigine ranged from 1.9 to 3.8 mg/kg. Signs of CNS toxicity did not occur until high multiples of the lamotrigine ED<sub>50</sub>s were reached, and consisted of ataxia and tremors (at 140 mg/kg), and convulsions (at 300 and 675 mg/kg in mice and rats, respectively). In multiple-dose studies in mice and rats, the anticonvulsant ED<sub>50</sub>s were unchanged. In mice, lamotrigine was well tolerated at chronic doses up to 30 mg/kg/day. In rats, convulsions possibly related to drug administration were rarely observed (in no more than 1 of 46 to 49 animals per dose group) and did not occur until Week 24 of chronic oral dosing with 15 mg/kg/day.

#### **Preclinical Pharmacokinetics**

Lamotrigine was found to accumulate in the kidney of the male rat, bind to melanin-containing ocular tissue of the pigmented rat and cynomolgus monkey, and prolong gastric emptying time in rats. In dogs, lamotrigine was extensively metabolized to a 2-N-methyl metabolite which

produced dose-dependent prolongations of the P-R interval and QRS duration in ECG tracings in this species. Only trace amounts of this metabolite (< 0.6% of lamotrigine dose) were found in human urine. Clinical studies showed no evidence in humans for manifestations of these preclinical observations regarding accumulation in the kidney, melanin binding, gastric emptying, or cardiac effects.

### ***In vitro* Studies**

*In vitro* pharmacological studies suggest that lamotrigine acts at voltage-sensitive sodium channels to stabilize neuronal membranes and inhibit the release of excitatory amino acid neurotransmitters (e.g., glutamate, aspartate) that are thought to play a role in the generation and spread of epileptic seizures.

Lamotrigine was shown to be a weak inhibitor of dihydrofolate reductase *in vitro*, hence there is a possibility of interference with folate metabolism during long-term therapy (see WARNINGS AND PRECAUTIONS, Special Populations, Pregnant Women). In clinical studies, lamotrigine did not affect blood folate concentrations or associated hematologic parameters.

## **TOXICOLOGY**

### **Acute Toxicity**

Single-dose lethality values were calculated in male and female mice and rats receiving lamotrigine by the oral and intravenous routes of administration. The calculated LD<sub>50</sub> values are listed in Table 10.

**Table 10: Acute Toxicity Studies**

Route	LD <sub>50</sub> Dose (mg/kg)			
	Mouse		Rat	
	Male	Female	Male	Female
Oral	245	292	205	163
IV	141	134	107	112

The lowest doses (mg/kg) at which any deaths occurred were 300 (oral) and 125 (IV) in mice and 140 (oral) and 100 (IV) in rats. Deaths were seen as early as 1 minute following IV dosing and 30 minutes following oral dosing. The most severe sign noted was clonic convulsions (rats only). Other signs, including tremors, ataxia, hypoactivity, decreased respiration, and hypothermia were also observed. Survivors generally recovered within 24 hours, but hypoactivity lasted for several days in some animals.

### **Long-Term Toxicity**

Subacute to subchronic (14–30 days) studies were conducted in rats (oral and intravenous), marmosets (oral) and cynomolgus monkeys (intravenous).

Effects seen in rats which were considered to be consistently associated with oral lamotrigine administration included specific nephropathy (males, 1 mg/kg/day), increased weight of stomach contents (6.25 mg/kg/day), increased water consumption and urine output (10 mg/kg/day), reduced weight gain and food consumption (22.5 mg/kg/day), and convulsions (50 mg/kg/day).

Marmosets were given either single daily lamotrigine doses of 10-100 mg/kg/day or 3 daily doses ranging from 10 to 50 mg/kg/dose. The following effects were observed at the following lowest doses given: slight decreases in WBC, RBC and related values (100 mg/kg/day or 22.5 mg/kg/dose t.i.d.); post-dose incoordination, slight body weight loss, decreased food consumption (50 mg/kg/day or 22.5 mg/kg/dose t.i.d.); post-dose salivation and vomiting (10 mg/kg/day or 22.5 mg/kg/dose t.i.d.). Blood, brain and liver folate levels were not affected.

In a 14-day intravenous study in cynomolgus monkeys, daily lamotrigine doses ranged from 5 to 20 mg/kg. The following effects were observed (shortly after dosing) at the following lowest doses given: ataxia, vomiting, and decreased food consumption (10 mg/kg); nystagmus (15 mg/kg); agitation, slight body weight loss (20 mg/kg).

In chronic oral toxicity studies, mice were given daily lamotrigine doses of up to 60 mg/kg for 90 days. Rats were given doses of up to 30 mg/kg/day for 90 days, up to 25 mg/kg/day for 6 months, and up to 15 mg/kg/day for one year. The only effect seen in mice was increased stomach content weight, likely related to delayed gastric emptying (30 and 60 mg/kg/day). The most prominent drug-related effects in rats were renal histopathological changes, seen at all dose levels; other effects seen were similar to those documented in the subacute and subchronic rat studies. Other species were also evaluated by light microscopic examination of kidney sections from animals given lamotrigine and by *in vitro* studies of kidney cortex slice uptake of radiolabelled lamotrigine. The studies demonstrated that the renal effects seen are limited to male rats and represent exacerbation of spontaneous hyaline droplet changes related to the renal proximal tubular handling of  $\alpha_{2U}$ -globulin. This globulin is a specific protein synthesized by the liver in male rats only. The hyaline droplets are secondary lysosomes and contain  $\alpha_{2U}$ -globulin. Lamotrigine is also accumulated in the renal proximal tubular epithelium in the form of rectilinear and crystalline inclusions which likely contain both  $\alpha_{2U}$ -globulin and lamotrigine. Time-and-dose dependent loading of these cells leads to cellular degeneration and eventual regeneration. Changes are consistent with those seen in "light hydrocarbon nephropathy," a male-rat-specific condition, which is reversible following termination of treatment and has no human counterpart.

Cynomolgus monkeys were treated with daily oral lamotrigine doses of up to 20 mg/kg in 13-week, 26-week, and 52-week studies. Effects noted were limited to animals given 20 mg/kg/day and included postdose ataxia, lethargy, trembling, locomotor incoordination and convulsions in some animals in the 26-week study. A reduced rate of body weight gain and transient weight loss was seen at doses as low as 5 mg/kg/day, but only in the 52-week study.

### **Carcinogenicity**

There was no evidence of carcinogenicity in mice treated orally with lamotrigine (10-30 mg/kg/day) for up to 106 weeks. Lamotrigine was not carcinogenic in two rat studies

where animals received doses of 1–10 mg/kg/day for up to 104 weeks (females) or 112 weeks (males). In both studies, survival was not affected by treatment.

### **Mutagenicity**

*In vitro*, lamotrigine was not mutagenic in microbial (Ames) or mammalian (mouse lymphoma) mutagenicity tests with or without metabolic activation. Lamotrigine had no effect on the incidence of chromosomal abnormalities in cultured human lymphocytes exposed to concentrations of up to 1,000 mcg/mL in the presence or absence of S9 metabolic activation. Concentrations of 500 and 1,000 mcg/mL without activation were cytotoxic.

*In vivo*, there was no increase in the incidence of chromosomal abnormalities in bone marrow cells of rats given doses of lamotrigine of up to 200 mg/kg.

### **Reproduction and Teratology**

No evidence of teratogenicity was observed in mice, rats, and rabbits given oral doses of lamotrigine at up to 14, 4, and 4 times, respectively, the currently recommended upper human maintenance dose (500 mg/day or 7 mg/kg/day). This was true when lamotrigine was given during the period of major organogenesis or was started prior to and continued throughout the period of organogenesis. In these same oral dosing studies maternal toxicity and secondary fetal toxicity, resulting in reduced fetal weight and/or delayed ossification were seen. Teratology studies were also conducted using bolus intravenous (IV) administration of the isethionate salt of lamotrigine in multiples of the projected human oral dose. Intravenous lamotrigine resulted in convulsions or impaired coordination in rat and rabbit dams at 30 mg/kg and 15 mg/kg, respectively. The 30 mg/kg dose also produced an increased incidence of intrauterine death without signs of teratogenicity in rats only.

When rats were dosed prior to and during mating, and throughout gestation and lactation at daily oral doses of 5, 10, and 20 mg/kg, gestation was slightly longer in the dams allowed to deliver in the 20 mg/kg/group (22.0 ± 0.0 versus 21.5 ± 0.5 days in non-treated controls). These doses are approximately 1, 1.5, and 3 times the currently recommended upper human maintenance dose (500 mg/day or 7 mg/kg/day). In this same study, body weight gain and food consumption of the parent generation (F<sub>0</sub>) dams dosed at 20 mg/kg/day were less than the control dams and were indicative of maternal toxicity. There was no evidence of teratogenic effects in the litters of the dams designated for caesarean section. Effects secondary to maternal toxicity consisted of a decrease in mean fetal weight and length of 20 mg/kg pups; the incidence of two skeletal variants was increased and the incidence of one skeletal variant was decreased. When pregnant rats of the same strain were dosed only on days 15–20 of gestation at the same daily doses of 5, 10, and 20 mg/kg, more pronounced maternal toxicity, than noted in the previously described study at the same doses, was seen in dams given 10 and 20 mg/kg doses and consisted of dehydration, hypothermia, and decreased weight gain and food consumption. A smaller decrease in body weight gain was seen in the 5 mg/kg group. Gestation was prolonged in the 20 mg/kg group (22.6 vs. 22.0 days in non-treated controls) and secondary to maternal toxicity there were increased numbers of stillborn pups (partial to entire litters) in the 10 and 20 mg/kg groups and increased early neonatal mortality.



Even at maternally toxic levels leading to fetal death, there was no evidence of teratogenicity. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clearly needed. Clinical data indicate that lamotrigine has no effect on blood folate concentrations in adults; however, the effects of lamotrigine on fetal blood folate levels *in utero* are unknown.